



Monday

Tuesday

Wednesday

Thursday

Friday

4

WG Toasted Oats Cereal (1 WG)
Peaches (½ C)
Raisins (½ C)
White or Chocolate Milk (8 oz)

5

WG Cinnamon Bites (1 WG)
String Cheese (1 m/ma)
Fruit Cocktail (½ C)
Apple Juice (½ C)
White or Chocolate Milk (8 oz)

6

Granola Bites (1 WG)
Strawberry Yogurt (½ C = 1 m/ma)
Apple Slices (½ C)
Amazin' Strawberry Raisins (½ C)
White or Chocolate Milk (8 oz)

7

WG Blueberry Muffin (1 WG)
Applesauce (½ C)
Mandarin Oranges (½ C)
White or Chocolate Milk (8 oz)

8

½ English Muffin (1 WG)
Scrambled Egg Patty (2 m/ma)
Pears (½ C)
Apple Juice (½ C)
White or Chocolate Milk (8 oz)

11

WG Rice Chex Cereal (1 WG)
Peaches (½ C)
Raisins (½ C)
White or Chocolate Milk (8 oz)

12

French Toast Sticks (3 ea. = 2.25 WG)
w/ Syrup
Fruit Cocktail (½ C)
Orange Tangerine Juice (½ C)
White or Chocolate Milk (8 oz)

13

Granola Bites (1 WG)
Vanilla Yogurt (½ C = 1 m/ma)
Apple Slices (½ C)
Amazin' Strawberry Raisins (½ C)
White or Chocolate Milk (8 oz)

14

WG Banana Muffin (1 WG)
Applesauce (½ C)
Mandarin Oranges (½ C)
White or Chocolate Milk (8 oz)

15

Pancake (1ea, 1 WG)
w/ Syrup
Turkey Sausage
(2 Links OR 1 Patty = 2 m/ma)
Pears (½ C)
Orange Tangerine Juice (½ C)
White or Chocolate Milk (8 oz)

18

WG Rice Krispies Cereal (1.25 WG)
Peaches (½ C)
Raisins (½ C)
White or Chocolate Milk (8 oz)

19

WG Cinnamon Bites (1 WG)
String Cheese (1 m/ma)
Fruit Cocktail (½ C)
Apple Juice (½ C)
White or Chocolate Milk (8 oz)

20

Granola Bites (1 WG)
Strawberry Yogurt (½ C = 1 m/ma)
Apple Slices (½ C)
Amazin' Strawberry Raisins (½ C)
White or Chocolate Milk (8 oz)

21

LAST DAY
OFF SCHOOL
Blueberry Loaf (1 WG)
Applesauce (½ C)
Mandarin Oranges (½ C)
White or Chocolate Milk (8 oz)

22

